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Northern Japan Trekking

9 Days 23-31 Aug \$2500

Included: All meals from Day 2 to Day 8 (All meals be Japanese meals), all ground transportation to include train fare, fees to all tourist attractions, and all accommodations

Not Included: Meals on Day 1 and Day 9. All airfare (All flights should be booked in Narita Intl Airport and depart from Misawa Domestic Airport), trip insurance, alcohol beverages, tips for guides, and all personal hiking gear.

This adventure takes place in the hills of Northern Japan. Tohoku, which literally means north, has some of the best hiking in Japan with large tracts of unspoiled nature beauty. This also has numerous National Parks that you can spend a few months hiking in them all. Our adventure includes travel by bullet train and hired car with accommodations ranging from mountain huts, hotels and ryokan, the traditional Japanese inn. We'll also spend time on a city tour of Nikko, the burial place of the last Shogun and an opportunity to soak in two hundred year old hot baths.

Itinerary

Day 1: We met at Narita airport outside of Tokyo and take the train to our hotel. Our entire group should arrive in Tokyo no later than 3:00 so we can spend some time seeing some sites in the city.

Day 2: After breakfast to take a local train to Nikko. We'll hike up Nantai-san, a small volcano that gets steeper as you near the top and a great warm up hike for the rest of our trip. After our hike we'll do the tourist thing visiting as many Temples and shrines as we can stand but not forgetting to visit the burial site of Japan's last shogun (...and no it's not Tom Kruse). We'll spend the night in a local inn.

Day 3: We rise early, eat breakfast and hope the Shinkansen (Bullet Train) further north. Our ride will take about 2 1/2 hours. Once at our destination we'll check into our hotel, do a little sight seeing, eat and rest for our big hike the following day.

Day 4 & 5: We begin the day with another early start to begin our day hike into the mountains. The two days we are rewarded with some of the best mountain views on the island. Day one will be a short hike but most challenging out of the two. What it lacks in distance, it makes up in elevation. We'll stay in a mountain hut for the evening and the next night we'll stay in one of the many Osen in the area.

Day 6 & 7: After breakfast we load the van and head north yet again. We'll arrive at our trailhead by mid-day and begin another hike to our overnight accommodations, another mountain hut. The next day, after we complete our hike we'll check into our hotel for the evening.

Day 8: This is our last hiking day and we'll spend it hiking for a few hours on Mt. Hakkoda. Hakkoda-san provides fairly easy hiking compared to the previous days and views are just as spectacular. This night is spent in one of the local towns near Misawa Airport and we'll enjoy one of the great spots to eat in the area.

Day 9: We hop a flight back to Tokyo and then transfer to Narita airport for your return flight.

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